

*BTEC Extended Certificate, Diploma and Extended Diploma in  
Health and Social Care*

**This is a stimulating and engaging course which will give you all the skills and knowledge needed to gain work in the Health and Social Care sector. Below are some links to some of the topics and materials we will cover during the course. Enjoy!**

The human body is a focal feature of work in Health and Social care. It is important we know our expected patterns of development so we can quickly pick up on any problems or concerns. We will look at the human lifespan and how we grow and develop through the life stages (physically, intellectually, emotionally and socially.) We also look at the factors that can impact on expected patterns of development.

<https://www.youtube.com/watch?v=ld8GLIzIWKU>

<https://www.youtube.com/watch?v=u1MFoDaWOXs>

[www.ellsbells48.wordpress.com/2014/03/05/p1-unit-4-describe-physical-intellectual-emotional-and-social-development-through-each-of-the-life-stages/](http://www.ellsbells48.wordpress.com/2014/03/05/p1-unit-4-describe-physical-intellectual-emotional-and-social-development-through-each-of-the-life-stages/)

We then focus more specifically on the ageing process, looking at the physical and psychological effects of ageing.

<https://guides.hostos.cuny.edu/c.php?g=916334&p=7209585>

<http://blog.johnsonmemorial.org/9-physical-changes-that-come-with-aging>

We will look at the Nature VS Nurture debate. Are we who we are because of genetics or our upbringing and environment? This is an interesting debate!

<https://youtu.be/EmctxRcmloc>

<https://www.youtube.com/watch?v=nv3ocntSSUU>

Genie Wiley: <https://www.youtube.com/watch?v=VjZolHCrC8E>

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Oxana Malaya 'Dog Girl' <https://www.youtube.com/watch?v=UkX47t2QaRs>

Unfortunately, abuse does happen. It is important you know the signs of abuse and neglect so you can act quickly to stop it. You will explore the different types of abuse and the signs and indicators of each...

<https://youtu.be/vMO5rojelD0>

<https://learning.nspcc.org.uk/safeguarding-checklist>

<https://www.youtube.com/watch?v=KAUkzWFFdqQ>

We will explore a range of health and safety concerns that could arise in health and social care settings; the hazards, risks and how to control them.

<http://feweek.co.uk/2014/02/14/york-college-fined-175k-over-nursery-death-of-three-year-old-lydia-bishop/>

<http://www.youtube.com/watch?v=Ejkkbg76rPk>

<https://www.sja.org.uk/get-advice/get-a-free-first-aid-guide/>

<https://www.bbc.co.uk/news/uk-england-leeds-29673612>

We will explore some health and safety legislation and understand how it influences Health and Social care settings. Following laws, policies and procedures is vital in the sector to protect yourself and others.

<https://www.hse.gov.uk/pubns/books/lawposter.htm>

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We will look at infection prevention and control and explore the ways we can stop and minimise the spread of infection in Health and Social Care Settings

<https://www.cdc.gov/handwashing/when-how-handwashing.html>

<https://www.england.nhs.uk/coronavirus/secondary-care/infection-control/>

<https://youtu.be/4ij1I0OB2hk>

**As part of the course, there is also a practical element, where you will complete mandatory work placement. You will have the opportunity to get some experience in the Health and Social Care sector!**

