

People are often confused about the skills of Psychologists. They cannot tell what you are thinking or read your mind! Check out other myths about Psychology here... <https://itspsychology.com/popular-psychology-myths/>

Will people come out of lockdown with a computer game addiction?

<https://www.psychologytoday.com/us/blog/making-meaning/201901/debate-over-gaming-disorder-is-not-all-fun-and-games>

Explore the very latest psychological research summarised in this blog/app...

<https://digest.bps.org.uk/>

Explore more about the brain in this 3D model. Can you find the area that is said to be responsible for our personality?

<https://www.brainfacts.org/3d-brain#intro=false&focus=Brain>

Documentaries/films

These documentaries and films are all about psychology and great for 'dipping your toes in' or broadening your knowledge and understanding beyond the specification.



To what extent do genes and environment control our behaviour?
Megamind is a fun film for exploring this debate using superheroes!



What happens when you put good people in an evil place? Does humanity win over evil, or does evil triumph? These are some of the questions we posed in this dramatic simulation of prison life. In 1971, Stanford's Professor Philip Zimbardo conducts a controversial psychology experiment. Twenty four male students are selected to take on randomly assigned roles of prisoners and guards in a mock prison situated in the basement of the Stanford psychology building.



Forensics: The Real CSI follows a crack team of forensic specialists from Northumbria Police, this BBC 2 series charts the fascinating journey of individual pieces of evidence from the moment they are discovered at the crime scene, through to microscopic analysis at specialist laboratories - and shows the pivotal role the findings have on each investigation.

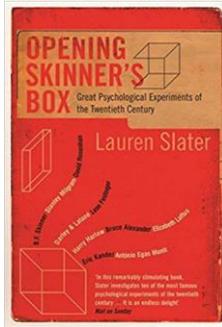


The Real Rain Man documents Kim Peek, the genius who inspired Dustin Hoffman's character in Rain Man. Classed as a mega-savant, having memorised 12,000 books, including the entire Bible, he also has autism, finding it hard to do day-to-day tasks.

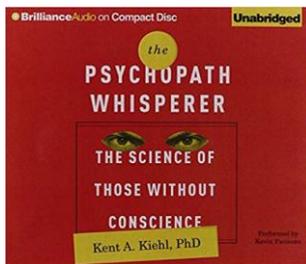
Source: <https://www.theatp.uk/transition-guide>

Reading

These books are all popular books about psychology, and great for broadening your knowledge and understanding.

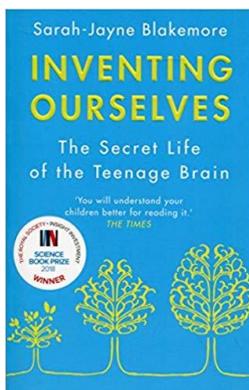


<https://www.amazon.co.uk/Opening-Skinners-Box-Psychological-Experiments/dp/074756860X> In *Opening Skinner's Box*, Lauren Slater sets out to investigate the twentieth century through a series of ten fascinating, witty and sometimes shocking accounts of its key psychological experiments. Starting with the founder of modern scientific experimentation, B.F. Skinner, Slater traces the evolution of the last hundred years' most pressing concerns - free will, authoritarianism, violence, conformity and morality.



<https://www.amazon.co.uk/Psychopath-Whisperer-Science-Without-Conscience/dp/1491531169> We know of psychopaths from chilling headlines and stories in the news and movies from Ted Bundy and John Wayne Gacy, to Hannibal Lecter and Dexter Morgan. As Dr Kent Kiehl shows, psychopaths can be identified by a checklist of symptoms that includes pathological lying; lack of empathy, guilt, and remorse; grandiose sense of self-worth; manipulation; and failure to accept ones actions. But why do

psychopaths behave the way they do? Is it the result of their environment how they were raised or is there a genetic component to their lack of conscience?



Drawing upon her cutting-edge research Professor Blakemore explores: What makes the adolescent brain different? Why does an easy child become a challenging teenager? What drives the excessive risk-taking and the need for intense friendships common to teenagers? Why it is that many mental illnesses – depression, addiction, schizophrenia – begin during these formative years. And she shows that while adolescence is a period of vulnerability, it is also a time of enormous creativity and opportunity.

https://www.amazon.co.uk/Inventing-Ourselves-Secret-TeenageBrain/dp/1784161349/ref=sr_1_1?keywords=Inventing+Ourselves:+The+Secret+Lif+e+of+the+Teenage+Brain+blakemore&qid=1560353317&s=books&sr=1-1

Optional MOOCS

A Massive Open Online Course (MOOC) is an interactive step-by-step course aimed at reaching an unlimited number of participants worldwide to create a community of lifelong learners. There are many different MOOC providers that cover a huge variety of different subject and topic interests. Typically a MOOC will involve 2-3 hours study per week for 6 weeks or so. MOOCs are free of charge. All required course materials will be provided for you online, which is also 100% free! Each course is open to anyone with internet access across the world and all you need is your wonderful brain! Here are a few that you may wish to try:



Forensic psychology

<https://www.open.edu/openlearn/health-sports-psychology/forensic-psychology/content-section-overview?active-tab=description-tab>



Depression and anxiety

<https://www.open.edu/openlearn/health-sports-psychology/health/understanding-depression-and-anxiety/content-section-0?active-tab=description-tab>



Sports psychology and coaching

<https://www.open.edu/openlearn/health-sports-psychology/exploring-sport-coaching-and-psychology/content-section-overview?active-tab=description-tab>

Download your certificate and bring it in for reward and UCAS / job application recognition!